



IBLCE Office in Australia: Guide to Lactation Courses

For 2010

This Guide is provided for the assistance of potential candidates for the **IBLCE** exam who are considering taking a course to prepare for the exam. Doing a course does not make you a lactation consultant. For information about the exam to become an International Board Certified Lactation Consultant, please contact the Regional Director:

IBLCE, PO BOX 1533, OXFENFORD QLD 4210
Phone (07) 5529 8811 Fax (07) 5529 8922

RD@iblce.edu.au
www.iblce.edu.au

IBLCE does not itself conduct courses, nor does it endorse or recommend any particular course. This listing is of courses of which IBLCE is aware and is provided as a guide only. Inclusion does not constitute an endorsement of the courses by IBLCE or any other body.

The information on this sheet was obtained either directly from course providers or from their brochures. No responsibility is taken for omissions, errors or outdated information. Please check directly with course providers for up-to-date information and current costs.

Courses vary in the degree to which they focus on: practical clinical skills; and the areas covered on the IBLCE exam blueprint. Not all courses on this list are comprehensive, and some may be at a level more basic than the standard of the IBLCE exam. Before selecting a course, it is your responsibility to ensure that it meets your needs. You are encouraged to talk to others who have previously completed that course.

LOCATION	DATES	PROGRAM	ORGANISERS	ENQUIRIES
DISTANCE EDUCATION and ONLINE	Commence at anytime	Independent Study Modules Immune Factors in Breastmilk (7 L CERPs); Breast Refusal (6 L CERPs); Gastro-oesophageal Reflux & the Breastfed Baby (5 L CERPs); Nipple pain and Candida (7 L CERPs), Drugs & Breastfeeding (9 L CERPs) 'Everyday Ethics for Lactation Consultants' (5 E CERPs) Advanced Notice – <i>New Study Modules</i> available soon - 'Basic Structure and Function of the Breast' in 4 short modules. Available in hard copy and online. Information on LRC website when available.	Australian Breastfeeding Association's Lactation Resource Centre	Lactation Resource Centre www.lrc.asn.au Phone (03) 9885 0855 Fax (03) 9885 0866 lrceducation@breastfeeding.asn.au
SYD. PERTH. ADEL. BRIS. CANB. MELB. LAUN.	March 2010	Introduction to Counselling the Breastfeeding Mother – one day workshop. Refresh or learn new skills in counselling and communication. The aim of the workshop is to assist you as a health professional in developing your interactions around breastfeeding with mothers and their families. (4.25L & 1E CERPs – lactation specific)		
SYD. BRIS. MELB	March 2010	Advanced Counselling Skills—one day workshop. Enables those who have already completed the 'Introduction to Counselling the Breastfeeding Mother' to further develop their counselling skills.		
VIC. Melbourne QLD. Brisbane	2, 9, 16 & 23 June 2010 to be confirmed	Research Ethics Knowledge Part 1 - For IBCLC education and all those interested in learning about infant feeding. 8 hour update course covering anatomy/physiology & nipple pain; counselling & ethics; immunology & research; exam technique & preparation. Parts 2 & 3 in Aug/Sep and Oct.		
VIC. Melbourne QLD: Brisbane	Aug/Sep and Oct to be confirmed	Research - Ethics - Knowledge Parts 2 & 3 A 16 hour course held over 2 x 4 weeks for IBCLC education and all those interested in learning about infant feeding. Topics include WHO Code, pharmacology, allergies, solids, health consequences, milk supply.		
DISTANCE EDUCATION and ONLINE	Commence at anytime	Lactation Course for Health Professionals External Courses a comprehensive program covering 10 modules worth 120 CERPs including 6E CERPs (120Hrs) of set work (aim is to complete the course within 7 months) – eligible for university credits. Can be completed online	Australasian Lactation Courses	Jen Byrne IBCLC jen_byrne2000@hotmail.com Phone (08) 8271 8740 www.austalasianlactationcourses.com
TAS and ANY LOCATION	As arranged (will travel)	Will offer courses or workshops, depending on demand	Tasmanian Lactation Consultants	Sue Cox IBCLC Phone (03) 6243 0000; Fax (03) 6243 1555 sue_cox@bigpond.net.au
WA: Perth Subiaco	Oct-Apr	St John of God Hospital Lactation Education Course Fortnightly sessions. 56 hours including set work 56.5 CERPs	St John of God Hospital Subiaco	Shanette Sims IBCLC, Phone (08) 9382 6292 Fax (08) 9382 6067 shanette.sims@sjog.org.au

LOCATION	DATES	PROGRAM	ORGANISERS	ENQUIRIES
INTERNET	Commence at any time	BreastEd Online Lactation Studies: a comprehensive, tutored, online program in advanced lactation studies for IBCLCs or candidates AARC Approved . Comprised of 10 courses; 12 L CERPs each; 120 L CERPs total (eligible for university credit at Master level).	Health-eLearning	Denise Fisher IBCLC denise@health-e-learning.com www.health-e-learning.com
		Background Health Education: The following short courses provide the background education in the disciplines required by non-health professional as prerequisites to sitting the IBLCE examination. Anatomy & Physiology; Counseling Skills; Child Development; Sociology; Medical Terminology; Nutrition		
		Ethics for Lactation Consultants: a 5-hour tutored, online course provides an understanding of the ethical principles and codes of practice that guide IBCLCs in their day-to-day work with mothers and babies. 5 E CERPs		
		Advanced Practice for Lactation Consultants: this series of courses will examine a clinical issue of relevance for the advanced practitioner. A deeper understanding of the implications of cause, diagnosis, management and outcome will assist clinical practice. The first in this series is: AP01: Breastfeeding the Baby with a Cleft Lip and/or Palate 3.5 L CERPs & 0.75 R CERPs TOTAL 4.25 CERPs		
		Experts-in-Lactation Lectures are audio-visual presentations on a range of lactation topics by Lactation Professionals from around the world. Each presentation takes about an hour 1.25 CERPs		
DISTANCE EDUCATION	commences February each year for 13 weeks	Human Milk, Lactation and Infant Feeding: 162.5 hour equivalent Four modules: Physiology; Nutrition; Biology; Socio-cultural and psychological factors in infant feeding (eligible for university credits)	Massey University School of Health Sciences NZ	Jane Stojanovic J.E.Stojanovic@massey.ac.nz Phone +64 6 350 5799 ext 2243 Fax +64 6 350 5668
ACT: Canberra	As arranged	Structured Study Group: preparing for the IBLCE exam (meets throughout the year)	Raelene Garret-Rumba Maternity Educator	Raelene Garrett-Rumba IBCLC raelene.garret@act.gov.au
NSW: Westmead, Blacktown and Nepean Hospitals	Feb to July Aug to Dec	Advanced Practice: Breastfeeding (Westmead and Nepean Hospitals) a combination of self directed learning supported by fortnightly (2 hour) meetings coordinated by CMC Postnatal Services (Westmead) and CMC Infant Feeding (Nepean and Blacktown) with guest speakers, >100 hours of including self directed learning	Gwen Moody IBCLC	Gwen Moody IBCLC, CMC Postnatal Services, SWAHS Phone (02) 9845 6964 gwen_moody@wsahs.nsw.gov.au
	Weekly x 4 weeks	Breastfeeding Workshop (at Westmead) on four consecutive Tuesdays; focus on clinical experience, coordinated by CMC in Postnatal Services (Westmead)		
NSW: Gosford	Oct to Dec Jan to May	Northern Sydney Central Coast Health Lactation Course small group, preference to AHS staff. Fortnightly sessions with revision component, guest speakers, assessment tasks and final exam. Coordinated by CMC Lactation. Cerps recertification program also available.	Marjorie Atchan IBCLC	Marjorie Atchan IBCLC, CNC Lactation, Phone (02) 4320 2686 Mob: 04 2200 5298 matchan@nscchhs.health.nsw.gov.au
VIC: Melbourne	-	ALMA Seminars are in recess for 2010. For more information please contact Maureen Minchin	Maureen Minchin	ALMA Seminars, Maureen Minchin IBCLC PO Box 1569, Geelong BMC 3220 0402 242 178
DISTANCE EDUCATION	Semester based	Lactation and Infant Feeding (for RNs; other health professionals on individual basis) Module 1: The Science of Infant Feeding; Module 2: Infant Feeding Management (eligible for university credits and for continuing education with Royal College of Nursing Australia)	Deakin University School of Nursing Professional Development Unit	Burwood Campus Phone (03) 92517777 hmnbs-support@deakin.edu.au www.hmnbs.deakin.edu.au/nursing/pdu